FINAL ANNOUNCEMENT

Continuing Professional Development (CPD) Series:

DIABETES COMPLICATIONS
CONFERENCE & GRAND ROUNDS

May 9 – 11, 2014
Kuala Lumpur, Malaysia

Hotel Istana
73, Jalan Raja Chulan
50200 Kuala Lumpur, Malaysia

Organised by:
NATIONAL DIABETES INSTITUTE

Endorsed by:
Ministry of Health Malaysia
Prevalence of diabetes mellitus, especially of type 2, is on the increase. This rise is most marked in developing countries, Malaysia included. The increasing number of people with diabetes is compounded with the added burden of the chronic complications of the disease which remain an important cause of morbidity and premature mortality for those affected, and a huge challenge to healthcare providers.

To help address these issues, the National Diabetes Institute (NADI) of Malaysia, organises the Continuing Professional Development (CPD) annually since its inception in 2002. And for this year, NADI is organising the “Diabetes Complications” Conference & Grand Rounds to specifically focus on diabetic complications.

**Objectives of “DIABETES COMPLICATIONS”**: Conference & Grand Rounds

The Continuing Professional Development (CPD) Series as “Diabetes Complications” Conference & Grand Rounds aims to help in the prevention and effective management of diabetic complications especially in relation to diabetic foot, cardiovascular disease, retinopathy and nephropathy. The emphasis is on recent advances and practical aspect of care.

Participants are expected to be able to:

- appreciate recent advances and practical aspects of diabetes care, especially in relation to prevention, early diagnosis and optimal management of diabetic complications.
- apply knowledge gained during the “Diabetes Complications” Conference & Grand Rounds to further improve care for persons with diabetes in the community.

**Who Should Attend**

Healthcare professionals responsible for managing persons with diabetes including:

- Medical and Surgical Specialists
- General Practitioners
- Medical and Health Officers
- Trainee Lecturers
- Pharmacists
- Nursing Practitioners
- Diabetes Educators
- Dieticians
- Medical Assistants

**IMPORTANT**

Please note that Registration starts at 0700 and the Plenary at 0815

Thank you

The “Diabetes Complications” Conference & Grand Rounds will emphasise on recent advances and practical aspects in the management of diabetic complications.
Organising Committee

**Patron**  
YABhg. Tun Dr. Mahathir Mohamad

**Advisors**  
Emeritus Professor Dato’ Khalid Abdul Kadir  
Professor Dato’ Anuar Zaini Md. Zain

**Chairman**  
Emeritus Professor Dato’ Mustaffa Embong

**Secretary**  
Dato’ Dr. Nor’Aini Abu Bakar

**Treasurer**  
Ms. Rosmawati Yusof

**Secretariat**  
Dato’ Dr. Nor’Aini Abu Bakar (Chairperson)  
Ms. Azizah Mohd Noor  
Ms. Elizabeth Thong Foong Hing  
Ms. Rafidah Mohd Yasin

Sub Committees

**Co-Chairmen of Scientific Committee**  
Dato’ Dr. Khoo Kah Lin  
Dr. G. R. Letchuman  
Dr. Harikrishna K. Ragavan Nair

**Sabah & Sarawak Representative**  
Dr. William Voon Yu Huat

**Fund Raising & Exhibition**  
Ms. Yasmin Rahimi

**Audiovisual**  
Mr. Thomas Chan Wai Mun (Technical Advisor)  
Mr. Kamarulzaman Othman (Audio)  
Dr. Shahrishal Mustaffa (Video)  
Mr. Zamri Husin (Photography)

**Programme Coordinator**  
Ms. Amelia Noor Zuber

International Advisory Board

Professor Timothy Davis, Australia  
Professor Luc Van Gaal, Belgium  
Professor Clive S. Cockram, Hong Kong  
Professor Xu Zhang Rong, China  
Professor Harold E. Lebovitz, USA  
Professor Morsi Arab, Egypt  
Professor Eberhard Standl, Germany  
Professor Philip Home, United Kingdom

Invited Chairmen/Speakers*

**International Faculty:**

1. **Professor Merlin C. Thomas,** Australia  
   Head, Biochemistry of Diabetic Complications  
   Baker IDI Heart & Diabetes Institute, Melbourne

2. **Professor Nihal Thomas,** India  
   Professor & Head, Department of Endocrinology, Diabetes & Metabolism  
   Christian Medical College & Hospital, Vellore

3. **Professor Yu Cheuk Man,** Hong Kong  
   Head, Division of Cardiology  
   The Chinese University of Hong Kong, Hong Kong

4. **Associate Professor Abdul Aziz Mohamed Nather,** Singapore  
   Senior Consultant, Department of Orthopaedics Surgery  
   National University Health System, Singapore

5. **Dr. Tommy S. Ty Willing,** Philippines  
   President, Diabetes Philippines, Mandaluyong City

**Local Faculty:**

1. **Tan Sri Dato’ Seri Robaayah Zambahari,** National Heart Institute

2. **Professor Dato’ Mafauzy Mohamed,** University Science Malaysia Hospital

3. **Professor Abdul Latiff Mohamed,** Cyberjaya University College of Medical Sciences

4. **Professor Datin Hamimah Hassan,** University Malaya Medical Centre

5. **Associate Professor Ouzreiah Nawawi,** University Malaya Medical Centre

6. **Associate Professor Abdul Halim Abdul Ghafor,** National University of Malaysia Medical Centre

7. **Associate Professor Tajaunish Begam Mohd Iqbal,** University Malaya Medical Centre

8. **Associate Professor Mae-lynn Catherine Bastion,** National University of Malaysia Medical Centre

9. **Dato’ Dr. Khoo Kah Lin,** Khoo Kah Lin Clinic

10. **Dato’ Dr. David Chew Soon Ping,** National Heart Institute

11. **Dato’ Dr. Tamil Selvan Muthusamy,** Tanmanora Specialist Hospital

12. **Dato’ Dr. Ramathan Ramiah,** Raja Permaisuri Naim Hospital

13. **Dr. Azani Mohamed Daud,** Glenoaples Iman Medical Centre

14. **Dr. G. R. Letchuman,** Selangor Hospital

15. **Dr. Harikrishna K. Raganav Nair,** Kuala Lumpur Hospital

16. **Dr. Lam Kai Huat,** Assunta Hospital

17. **Dr. Mary Suma Cardosa,** Selangor Hospital

18. **Dr. Mohd Iskandar Mohd Amin,** Pantai Hospital Kuala Lumpur

19. **Dr. Nor Azizah Aziz,** Pasu Poang Hospital

20. **Dr. Norhayati Yahaya,** University Science Malaysia Hospital

21. **Dr. Sunita Ravanandan,** Kuala Lumpur Hospital

22. **Dr. Vijay Ananda Paramasvaran,** Pantai Hospital Kuala Lumpur

23. **Dr. Wan Mohamad Izani Wan Mohamed,** University Science Malaysia Hospital

24. **Dr. Wong Ming,** Sunway Medical Centre

25. **Dr. Zanariah Hussein,** Putrajaya Hospital

26. **Dr. Miza Hiryanti Zakaria,** Banglu Ampuan Alor Hospital

27. **Dr. Tan Li Ping,** University Malaya Medical Centre

28. **Dr. Hanif Hussein,** Kuala Lumpur Hospital

29. **Dr. Lim Soo Kun,** University Malaya Medical Centre

30. **Dr. Shelia Oli Mohamed,** Selayang Hospital

31. **Dr. Lim Kian Seng,** International Specialist Eye Centre

32. **Dr. Sri Wahyu Rahayu,** Smiing Iman Health Centre

33. **Dr. Ng Ooi Chuan,** Putra University Malaysia

34. **Dr. Janet Hong Yeow Hua,** Putrajaya Hospital

35. **Dr. Florence Tan Hui Seng,** Sarawak General Hospital

36. **Dr. Yeap Ewe Juan,** Park City Medical Centre

37. **Ms. Mary Easaw-John,** National Heart Institute

38. **Dr. Jong Koi Chong,** Ministry of Health

*Subject to confirmation
### Programme Outline*

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<tr>
<th>9 May 2014</th>
<th>10 May 2014</th>
<th>11 May 2014</th>
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<tbody>
<tr>
<td><strong>FRIDAY</strong></td>
<td><strong>SATURDAY</strong></td>
<td><strong>SUNDAY</strong></td>
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<tr>
<td>(0700 – 0815) Registration</td>
<td>(0745 – 0815) Registration</td>
<td>(0745 – 0815) Registration</td>
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<tr>
<td>(0815 – 0900) Plenary 1</td>
<td>(0815 – 0900) Plenary 3</td>
<td>(0815 – 0900) Plenary 5</td>
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<tr>
<td>(1020 – 1220)</td>
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<td>(1020 – 1220)</td>
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<tr>
<td>Main Symposium 1A (Foot)</td>
<td>Main Symposium 1B (Sponsored)</td>
<td>Main Symposium 1C (Sponsored)</td>
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<tr>
<td>Main Symposium 3A (Foot Surgery)</td>
<td>Main Symposium 3B (Sponsored)</td>
<td>Main Symposium 3C (Sponsored)</td>
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<tr>
<td>Main Symposium 5A (Eye)</td>
<td>Main Symposium 5B (Kidney)</td>
<td>Main Symposium 5C</td>
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<tr>
<td>(1220 – 1320) Lunch</td>
<td>(1220 – 1320) Lunch</td>
<td>(1220 – 1320) Lunch</td>
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<tr>
<td>(1320 – 1400) Break Up Session</td>
<td>(1320 – 1400) Break Up Session</td>
<td>(1320 – 1400) Lunch</td>
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<tr>
<td><strong>Rotation 1</strong></td>
<td><strong>Rotation 3</strong></td>
<td><strong>Rotation 2</strong></td>
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<tr>
<td>Grand Round 1</td>
<td>Grand Round 2 (Sponsored)</td>
<td>Grand Round 3</td>
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<td>Grand Round 3</td>
<td>Grand Round 4</td>
<td>(1500 – 1530) Tea Break</td>
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<td>(1500 – 1530) Tea Break</td>
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### SCIENTIFIC PROGRAM BRIEF*

Participants are free to attend any of the concurrent sessions.

**PLENARY**

- Current and Future Treatment Targets of Diabetic Complications
- Emerging Advances in the Management of Diabetic Foot
- Therapeutic Targets to Reduce Cardiovascular Disease in Type 2 Diabetes
- Pharmacotherapy and Ocular Drug Delivery for Diabetic Retinopathy
- Latest Research Development of Diabetic Nephropathy
- New Approaches to ACS Management in DM
- Peripheral Arterial Disease: Early Diagnosis and Treatment

*Subject to change
# SYMPOSIUM

## Chronic Diabetic Ulcer
1. Choice of Ulcer Dressings: Evidence-based
2. Hyperbaric Oxygen Therapy: Does it Work?
3. Shoe Modification and Offloading for Diabetic Foot Ulcer

## Hypoglycaemia
1. Hypoglycaemia - a CV Risk?
2. Hypoglycaemia Unawareness: Mechanisms and Treatment
3. Avoiding Hypoglycaemia in Clinical Practice

## Brain Complications of Diabetes
1. Preventing Stroke in Diabetics
2. Cerebral Oedema in DKA: Features and Prevention
3. Psychological Effects of Diabetes

## Surgery in Diabetic Foot
1. Imaging of Charcot and Osteomyelitis
2. Charcot Arthropathy: When is Surgery Appropriate
3. Current Trends in Diabetic Limb Salvage

## Diabetic Nephropathy
1. Glycaemic Control in CKD Patients: Impact on Disease Progression and CV Outcome
2. Medication use in Diabetic Nephropathy
3. Genetic Predictors of Diabetic Kidney Disease

## Diabetic Eye Disease
1. Ocular Manifestations of Diabetes
2. Macular Oedema: Clinical Features and Treatment
3. Managing Diabetic Retinopathy During Pregnancy

## Diabetic Neuropathy
1. Risk Factors associated with Ulceration and amputation
2. New Development in the Treatment of Diabetic Neuropathy
3. Diabetic Cardiovascular Autonomic Neuropathy: Diagnosis and Implications

## Managing Chronic Heart Failure in Diabetics
1. Heart Failure in Diabetics: An Overview
2. Underlying Causes of Diabetic CHF
3. Managing CHF in Diabetics: Same as for Non-Diabetics?

## GRAND ROUNDS

### 1. Diagnosis and Management of Diabetic Eye Disease
1.1 Presentation of Case
1.2 Pathophysiology of Diabetic Retinopathy
1.3 Retinal Changes in Diabetic Retinopathy
1.4 Options in Treatment of Diabetic Retinal Diseases
1.5 Panel Discussion of Case

### 2. Diagnosis and Management of Diabetic Nephropathy
1.1 Presentation of Case
1.2 Microscopic and Histo-immunological Changes
1.3 Early Diagnosis
1.4 Early Treatment to Prevent Progression
1.5 Panel Discussion of Case

### 3. Diagnosis and Management of IHD in Diabetics
1.1 Presentation of Case
1.2 Pathophysiological Basis of Accelerated Atherosclerosis in Diabetics
1.3 Glycaemic Control to Prevent IHD
1.4 Cardiological Management of Ischaemic Heart Disease
1.5 Panel Discussion of Case

### 4. Infected Diabetic Ulcer
1.1 Presentation of Case
1.2 Microbial Profile of Infected Ulcers and Choice of Antibiotics
1.3 Medical Treatment
1.4 Surgical Options for Infected Ulcer
1.5 Panel Discussion of Case

# OTHER SESSIONS INCLUDE*

- SPECIAL (SPONSORED) PLENARY LECTURES
- DEMONSTRATION (ROTATION) SLOTS
- LUNCH SYMPOSIAUMS
- SPONSORED SYMPOSIAUMS AND GRAND ROUNDS

*Subject to change
Registration & Fees

Registration form is enclosed with this FINAL ANNOUNCEMENT. Completed form must be returned with the registration fee to the Secretariat of the “Diabetes Complications” Conference & Grand Rounds by mail or fax.

Registration fee covers admission to all NADI “Diabetes Complications” Conference & Grand Rounds sessions, bag, identification tag and printed materials, Conference & Grand Rounds lunches and tea/coffee breaks. The fees are as follows:

### International Delegates

<table>
<thead>
<tr>
<th>REGISTRATION</th>
<th>Early Bird Before March 31, 2014</th>
<th>After March 31, 2014</th>
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<tr>
<td>Delegate</td>
<td>USD450</td>
<td>USD550</td>
</tr>
<tr>
<td>Postgraduate Student*</td>
<td>USD350</td>
<td>USD450</td>
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<tr>
<td>Paramedic / Allied Health</td>
<td>USD350</td>
<td>USD450</td>
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### Local Delegates (subsidised rates)

<table>
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<tr>
<th>REGISTRATION</th>
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</table>

*Official endorsement from institution is required.

Please register early to enjoy “Early Bird” discount. Discount for group booking is available.

Payment should be made payable to: National Diabetes Institute

Accommodation

Special room rates have been arranged for the conference participants from May 9 – 11, 2014 at the following hotels:

- Hotel Istana (Conference & Grand Rounds Venue)
- Grand Millennium Hotel Kuala Lumpur
- Radius International Hotel Kuala Lumpur
- Prince Hotel & Residence Kuala Lumpur
- Novotel Kuala Lumpur City Centre (Hotel Novotel)
- Alpha Genesis Hotel

Participants are advised to reserve their hotel accommodation early, DIRECTLY with the hotel of their choice. Please specify that you wish to book as a participant of the National Diabetes Institute “Diabetes Complications” Conference & Grand Rounds in order to qualify for the special rates offered. Please refer to the accompanying leaflet for details.

Disclaimer:
The National Diabetes Institute or its agents are not to be held responsible for any change in the terms or conditions of hotel accommodation.

For further information and updates regarding the “Diabetes Complications” Conference & Grand Rounds, please contact:

The Secretariat (Attention: Ms. Rosmawati / Ms. Azizah / Ms. Amelia)
National Diabetes Institute (NADI)
No. 1, Jalan SS 3/50, 47300 Petaling Jaya, Selangor, MALAYSIA
Tel: +603-7876 1676 / 7876 1677 Fax: +603-7876 1679
Email: enquiry@nadidiabetes.com.my or visit our website: www.diabetesmalaysia.com.my

About the National Diabetes Institute (NADI)

The National Diabetes Institute (NADI) is established to provide a dedicated and comprehensive service for people with diabetes, to prevent and control diabetes and its complications.

NADI is a non-profit organisation registered as a company limited by guarantee. It is managed by a Board of Trustees comprising representatives from the Malaysian Endocrine and Metabolic Society (MEMS), Malaysian Diabetes Association (PDM), Ministry of Health (MOH), Founding and Elected members, with our former Prime Minister YABhg. Tun Dr. Mahathir Mohamad as Patron.

The main objectives of NADI are:
- to be a National Diabetes Education Resource Centre for the country
- to create and maintain a National Diabetes Registry
- to establish and run a comprehensive health facility including a National Diabetes Hospital for the management of diabetes and its complications
- to coordinate and conduct research in diabetes and related conditions
- to be the national reference as well as the national coordinating centre for diabetes in Malaysia in respect to statistics, education, management, research, policy and planning on diabetes and associated diseases