DAY 1 – OCTOBER 6, 2016 (THURSDAY)

0700 – 0815  REGISTRATION

0815 – 0900  PLENARY 1

Chairman: Emeritus Professor Dato’ Mustaffa Embong, NADI
FUTURE OPPORTUNITIES FOR GLUCOSE-LOWERING THERAPIES: BARRIERS AND TARGETS
Speaker: Professor Philip Home, UNITED KINGDOM

0900 – 0945  PLENARY 2

Chairman: Professor Dato’ Anuar Zaini Md. Zain, MUM
ENDOCRINE DISRUPTION IN OBESITY AND DIABETES: WHAT SHOULD THE CLINICIAN KNOW
Speaker: Professor Luc Van Gaal, BELGIUM

0945 – 1015  COFFEE BREAK

1015 – 1215  Concurrent Main Symposium 1

MAIN SYMPOSIUM 1A
THEME: OPTIMISING CARE FOR PEOPLE WITH DIABETES
Chairman: Datuk Dr. Mohamed Badrulnizam Long Bidin, HKL

i) Community Support Programmes for People with Diabetes
   Dr. Rosnah Ramly, MOH

ii) Psychosocial Aspects of DM in Adult Population
    Dr. Amarpreet Kaur Amar Singh, UMMC

iii) Enhancing Adherence to Diabetes Management: Experience of Diabetes Educator
    Dr. Tan Ming Yeong, MDES

iv) Panel Discussion

MAIN SYMPOSIUM 1B
THEME: CURRENT CONTROVERSIES IN DIETARY MANAGEMENT OF DIABETES
Chairman: Ms. Shanaz F. H. Mawji, RSDHC

i) Restricting Carbs vs Calories - Should One Diet Favour the Other?
   Professor Winnie Chee Siew Swee, IMU

ii) Nutrition Advice: Food Pyramid or Plate-Portion?
    Ms. Lee Ching Li, IMU

iii) Low GI or Low GL Foods for People with Diabetes
    Associate Professor Barakatun Nisak Mohd Yusof, UPM

iv) Panel Discussion

MAIN SYMPOSIUM 1C
THEME: INSULIN IN T2DM
Chairman: Associate Professor Alexander Tan Tong Boon, UMMC

i) Insulin Therapy for Type 2: Which, for Whom
   Dr. G. R. Letchuman, HRPB

ii) Insulin Analogues: Is Newer Better?
    Associate Professor Sompongse Suwanwalaikorn, THAILAND

iii) The Biosimilar Insulin
    Dr. Tommy S. Ty Willing, PHILIPPINES
iv) **Sponsored by CCM Pharmaceuticals Sdn Bhd**
Biosimilar Glargine - Changing the Diabetes Landscape
Professor Abdul Hamid Zargar, *INDIA*

v) **Panel Discussion**

1215 – 1315
*Concurrent Lunch Symposium 1*

**LUNCH SYMPOSIUM 1A**
*Sponsored by Pfizer (Malaysia) Sdn Bhd*

Chairman:

**TOPIC**

Speaker

**LUNCH SYMPOSIUM 1B**
*Sponsored by Abbott Diabetes Care*

Chairman: Emeritus Professor Dato’ Mustaffa Embong, *NADI*

**CROSS CONTAMINATION RISKS: CLINICAL IMPLICATIONS AND ITS PREVENTION**
Speaker: Dr. Manoj Chawla, *INDIA*

1315 – 1400
LUNCH

1400 - 1530
*Concurrent Experts’ Case Discussions and Free Paper Presentations*

**EXPERTS’ CASE DISCUSSION 1**
Chairman: Professor Dato’ Khalid Haji Yusoff, *UCSI*

**INDIVIDUALISING THERAPY FOR T2DM**
Presenter: Dr. G. R. Letchuman, *HRPB*

Panel:

i. Associate Professor Sompongse Suwanwalai, *THAILAND*

ii. Dr. Vijay Ananda Paramasvaran, *PHKL*

iii. Professor Christopher Nolan, *AUSTRALIA*

**EXPERTS’ CASE DISCUSSION 2**
Chairman: Associate Professor Rohana Abdul Ghani, *UiTM*

**AN OBESE PERSON WITH DIABETES**
Presenter: Dr. Sri Wahyu Taher, *KSK*

Panel:

i. Professor Bilal Younis, *PAKISTAN*

ii. Dr. Ng Ooi Chuan, *UPM*

iii. Professor Luc Van Gaal, *BELGIUM*

**EXPERTS’ CASE DISCUSSION 3**
Chairman: Datuk Dr. Mohamed Badrulnizam Long Bidin, *HKL*

**A NON-COMPLIANT T2DM PATIENT**
Presenter: Associate Professor Norlaila Mustafa, *UKMMC*

Panel:

i. Dr. Norhayati Yahaya, *HRPZII*

ii. Dr. Foo Siew Hui, *HS*

iii. Emeritus Professor Morsi Arab, *EGYPT*

*Free Paper Presentations*  
*Details refer to 'Abstracts Free Paper Presentation’*

1530 – 1600
TEA BREAK

1600 – 1645
**PLENARY 3**

Chairman: Dr. G. R. Letchuman, *HRPB*

**OMICS STUDIES IN DIABETES AND DIABETIC COMPLICATIONS - WHAT HAVE WE LEARNT FROM THEM?**
Speaker: Professor Ronald Ching-Wan Ma, *HONG KONG*

1645 - 1730
*Concurrent Meet the Professor 1*

**MEET THE PROFESSOR 1A**
Chairman: Professor Dato’ Sivalingam Nalliah, *IMU*

**MANAGING DIABETES DURING PREGNANCY**
Resource Person: Professor Christopher Nolan, *AUSTRALIA*
MEET THE PROFESSOR 1B
Chairman: Associate Professor Norlaila Mustafa, UKMMC

INSULIN THERAPY
Resource Person: Professor Philip Home, UNITED KINGDOM

** END OF DAY 1 **

DAY 2 – OCTOBER 7, 2016 (FRIDAY)

0730 – 0815 REGISTRATION

0815 – 0900 PLENARY 4

Chairman: Professor Dato’ Mafauzy Mohamed, HUSM

CLINICAL RELEVANCE OF NAFLD/NASH IN PATIENTS WITH TYPE 2 DIABETES
Speaker: Professor Low-Tone Ho, TAIWAN

0900 - 0945 SPECIAL LECTURE 1
Sponsored by Cambridge Weight Plan

Chairman: Professor Winnie Chee Siew Swee, IMU

THE FORMULA FOR DIABETES PREVENTION: EFFECTIVE WEIGHT LOSS TO PREVENT PRE-DIABETES
Speaker: Professor Anthony R. Leeds, UNITED KINGDOM

0945 – 1015 COFFEE BREAK

1015 - 1215 Concurrent Main Symposium 2

MAIN SYMPOSIUM 2A
THEME: NOVEL APPROACHES IN MANAGING DIABETES
Chairman: Emeritus Professor Dato’ Khalid Abdul Kadir, MUM

i) DKA Evaluation and Treatment
   Dr. Tommy S. Ty Willing, PHILIPPINES

ii) PCSK9-Inhibitors: A Role in Diabetes?
    Professor Luc Van Gaal, BELGIUM

iii) Future Therapies for Type 1 Diabetes
    Professor Bilal Younis, PAKISTAN

iv) Panel Discussion

MAIN SYMPOSIUM 2B
Sponsored by Meda Healthcare Sdn Bhd

THEME: HEPATO-METABOLIC
Chairman: Associate Professor Alex Leow Hwong Ruey, UMMC

i) Non-Alcoholic Fatty Liver Disease (NAFLD): Are We Doing Enough?
   Associate Professor Chan Wah Kheong, UMMC

ii) Insulin Resistance: From the Perspective of the Liver
    Dr. Radhakrishna Sothiratnam, CAHS

iii) Panel Discussion

MAIN SYMPOSIUM 2C
Sponsored by sanofi-aventis (Malaysia) Sdn Bhd

THEME: EXPANDING THE HORIZONS OF DIABETES CARE
Chairman: Dr. Vijay Ananda Paramasvaran, PHKL

i) When It’s Time to Intensify: What Are the Options?
   Dr. Lim Siang Chin, MMC

ii) The Evolution of Basal Insulin: New Insights
    Professor Chan Siew Pheng, SJMC

iii) Panel Discussion
LUNCH SYMPOSIUM 2
Sponsored by Pfizer (Malaysia) Sdn Bhd
Chairman: Emeritus Professor Dato’ Mustaffa Embong, NADI
DIABETES AND IT’S CV COMPLICATIONS THROUGH THE LOOKING-GLASS OF A NEPHROLOGIST
Speaker: Dr. Chow Yok Wai, PHAK

1315 – 1400 LUNCH
1400 – 1530 Concurrent Main Symposium 3

MAIN SYMPOSIUM 3A
THEME: DIABETES AND PREGNANCY
Chairman: Dr. Nurain Mohd Noor, HPJ
i) Gestational Diabetes: Controversies in Diagnosis and Management
   Professor Dato’ Sivalingam Nalliah, IMU
ii) Baby of A Mother with Diabetes: From Conception to Adulthood
    Professor Christoper Nolan, AUSTRALIA
iii) Antenatal Lifestyle Intervention and Pregnancy Outcome
    Professor Ronald Ching-Wan Ma, HONG KONG
iv) Panel Discussion

MAIN SYMPOSIUM 3B
THEME: PRECISION DIABETES CARE - PERSONALISATION AND GLYCAEMIC OUTCOMES IN FOCUS
Chairman: Emeritus Professor Dato’ Mustaffa Embong, NADI
i) Realities In Insulin Initiation - What Can We Do Better?
   Professor Luc Van Gaal, BELGIUM
ii) Challenges at Insulin Intensification and The Rationale for High-mix Insulins
    Datuk Dr. Mohamed Badrulnizam Long Bidin, HKL
iii) Panel Discussion - Clinical Vignettes and Precision Management

MAIN SYMPOSIUM 3C
THEME: COMPLEMENTARY/ALTERNATIVE MEDICINE FOR DIABETES
Chairman: Dr. G. R. Letchuman, HRPB
i) The Use of Artificial Sweeteners in DM
   Ms. Shanaz F. H. Mawji, RSDHC
ii) Vitamins and Minerals: What Works?
    Associate Professor Barakatun Nisak Mohd Yusof, UPM
iii) Ayurvedic Medicine for Diabetes
    Dr. Vaidya CD Siby, Ayur Centre
iv) Panel Discussion

1530 – 1600 TEA BREAK
1600 – 1645 PLENARY 5
Chairman: Professor Dato’ Anuar Zaini Md. Zain, MUM
DIABETES IN THE YOUNG IN INDIA - NOVEL ASPECTS IN THE PATHOGENESIS
Speaker: Professor Nihal Thomas, INDIA

1645 - 1730 Concurrent Meet the Professor 2

MEET THE PROFESSOR 2A
Chairman: Dr. Vijay Ananda Paramasvaran, PHKL
ORAL MEDICATIONS
Resource Person: Dr. Chionh Siok Bee, SINGAPORE
# MEET THE PROFESSOR 2B

Chairman: Associate Professor Rohana Abdul Ghani, UiTM

**IMPROVING PATIENTS’ COMPLIANCE**

Resource Person: Emeritus Professor Morsi Arab, EGYPT

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| 1800 – 1900 | DINNER SYMPOSIUM  
Sponsored by Eli Lilly (Malaysia) Sdn Bhd |
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<td><strong>Chairman:</strong></td>
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**Speaker:** |

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**DAY – OCTOBER 8, 2016 (SATURDAY)**

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**MAIN SYMPOSIUM 4A**

**THEME:** DIABETES IN THE ELDERLY

Chairman: Professor Dato’ Anuar Zaini Md. Zain, MUM

| i) | Challenges in Glycaemic Control  
Professor Vishnupriya Rao Paturi, INDIA |
| ii) | Hypertension: Choice of Drugs and Targets  
Professor Abdul Rashid Abdul Rahman, ANSH |
| iii) | Treating Hypercholesterolaemia in the Elderly  
Professor Bilal Younis, PAKISTAN |
| iv) | Kidney Protection: Hypertension and Proteinuria  
Dr. Loo Chee Yean, SKSMC |
| v) | Panel Discussion |

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**MAIN SYMPOSIUM 4B**

**THEME:** FILLING UP T2DM TREATMENT GAP WITH SGLT-2i AND GLP-1RA

Chairman: Associate Professor Norlaila Mustafa, UKMMC

| i) | Newly Diagnosed Type 2 Diabetes with HbA1c ≥ 7.5% : How? Why?  
Associate Professor Rohana Abdul Ghani, UiTM |
| ii) | Forxiga - What Have We Learnt from the Real World Evidence in Malaysia?  
Dr. Zanariah Hussein, HPJ |
| iii) | Why Bydureon is the First Preferred Injectable After OADs Fail?  
Dr. Wong Ming, SMC |
| iv) | Panel Discussion |
MAIN SYMPOSIUM 4C  
Sponsored by Merck Sharp & Dohme (Malaysia) Sdn Bhd  
Chairman: Professor Norlela Sukor, UKMMC  

i) DPP-4 Inhibitors and Metformin: The Endocrine Basis and Application for Their Use in Combination  
Dr. Foo Siew Hui, HS  

ii) A Paradigm Shift for Patients and Physicians: What Is the Role of Combination Therapy for Dyslipidaemia Patients with Diabetes?  
Dr. Rahal Yusoff, HSB  

iii) Panel Discussion  

1215 – 1315 LUNCH SYMPOSIUM 3  
Sponsored by Servier Malaysia Sdn Bhd  
Chairman:  
TOPIC  
Speaker:  

1315 – 1400 LUNCH  

1400 – 1530 Concurrent Main Symposium 5  

MAIN SYMPOSIUM 5A  
THEME : DIABETES IN CHILDREN  
Chairman: Associate Professor Rahmah Rasat, UKMMC  

i) Diabetes in Adolescents and Children - What Is the Differential Diagnosis?  
Dr. Lim Poi Giok, HKL  

ii) Diabetes in Children: Challenges in Management  
Professor Wu Loo Ling, UKMMC  

iii) Should Dyslipidaemia in Children Be Treated?  
Associate Professor Muhammad Yazid Jalaludin, UMMC  

iv) Panel Discussion  

MAIN SYMPOSIUM 5B  
Sponsored by Boehringer Ingelheim (Malaysia) Sdn Bhd  
THEME : SODIUM GLUCOSE COTRANSPORTER 2 INHIBITORS (SGLT2-i) IN THE TREATMENT OF DIABETES MELLITUS  
Chairman:  

i) The role of SGLT2 inhibitor for Glycaemic Control  
Associate Professor Alexander Tan Tong Boon, UMMC  

ii) Learnings from EMPA-REG OUTCOME Beyond Standard of Care  
   - Can We Really Improve CV Outcomes in T2D Patients in Your Clinic?  
     Associate Professor Alexander Tan Tong Boon, UMMC  
   - Slowing Down Renal Progression - Is It Possible?  
     Professor Christoph Wanner, GERMANY  

iii) Panel Discussion  

MAIN SYMPOSIUM 5C  
THEME : DIABETES AND OBESITY  
Chairman: Professor Dato’ Ikram Shah Ismail, UMMC  

i) Anti-Obesity Drugs  
Dr. Tommy S. Ty Willing, PHILIPPINES  

ii) Obesity and Diabetes: An Unholy Association  
Dr. Nor Azizah Aziz, PGH
iii) Obesity and T2DM in Children
Associate Professor Sompongse Suwanwalaikorn, THAILAND

iv) Panel Discussion

1530 – 1600 TEA BREAK

1600 – 1645 PLENARY 7
Chairman: Emeritus Professor Dato’ Khalid Abdul Kadir, MUM

PATIENT-CENTRIC APPROACH TO T2-DIABETES MANAGEMENT
Speaker: Emeritus Professor Morsi Arab, EGYPT

1645 - 1730 Concurrent Meet the Professor 3

MEET THE PROFESSOR 3A
Chairman: Professor Wu Loo Ling, UKMMC

CHALLENGES IN MANAGING T1DM PATIENTS
Resource Person: Professor Bilal Younis, PAKISTAN

MEET THE PROFESSOR 3B
Chairman: Professor Dato’ Mafauzy Mohamed, HUSM

REDUCING CV COMPLICATIONS
Resource Person: Professor Ronan Roussel, FRANCE

** END OF DAY 3 **

DAY 4 – OCTOBER 9, 2016 (SUNDAY)

0815 – 0900 PLENARY 8
Chairman: Professor Dato’ Ikram Shah Ismail, UMMC

MOBILE AND INTERNET-BASED APPS FOR DIABETES CARE
Speaker: Professor Bilal Younis, PAKISTAN

0900 - 0945 PLENARY 9
Chairman: Professor Dato’ Anuar Zaini Md. Zain, MUM

DIABETES AND CANCERS: MINIMISING THE RISK
Speaker: Professor Ronan Roussel, FRANCE

0945 - 1015 COFFEE BREAK

1015 - 1215 Concurrent Main Symposium 6

MAIN SYMPOSIUM 6A
THEME: DIABETES AND CARDIOVASCULAR RISK
Chairman: Professor Dato’ Ikram Shah Ismail, UMMC

i) Antiglycaemic Therapy and (Risk of) Heart Failure
   Associate Professor Norlaila Mustafa, UKMMC

ii) Cardiovascular Outcome Studies with New OHAs
   Dr. Malik Mumtaz, IH

iii) Beyond Glycaemia: Strategies to (Further) Reduce CV Risks in People with T2DM
    Professor Norlela Sukor, UKMMC

iv) Panel Discussion

MAIN SYMPOSIUM 6B
THEME: SGLT2 INHIBITION
Chairman: Emeritus Professor Dato’ Mustaffa Embong, NADI

i) Non Glycaemic Effects of SGLT2i: Clinical Implications
   Professor Dato’ Mafauzy Mohamed, HUSM

ii) Side-Effect and Safety Issues of SGLT2 Inhibitors: What Clinicians Should Know
    Dr. Foo Siew Hui, HS
iii) Empa-Reg Outcome: A Game Changer in Diabetes Management
Professor Ronan Roussel, FRANCE

iv) Panel Discussion

1215 – 1315 FREE PAPER PRESENTATIONS AWARDING CEREMONY
- BEST ORAL PRESENTATION AWARD
- BEST POSTER PRESENTATION AWARD
- PROF MUSTAFFA YOUNG INVESTIGATORS’ AWARD

1315 – 1400 LUNCH & CLOSE

JUDGING PANELS

Chief: Professor Dato’ Anuar Zaini Md. Zain, MUM

Date/Time: October 6, 2016 (Thursday) 1400 - 1530

Section: Prof Mustaffa Young Investigators’ Award
1) Professor Dato’ Mafauzy Mohamed, HUSM (Head)
2) Professor Dato’ Ikram Shah Ismail, UMMC
3) Professor Norlela Sukor, UKMMC
4) Professor Philip Home, UNITED KINGDOM

Date/Time: October 6 & 7, 2016 (Thursday & Friday) 1530 - 1600

Section: Best Poster Presentation Award
1) Professor Abdul Rashid Abdul Rahman, ANSH (Head)
2) Professor Dato’ Khalid Haji Yusoff, UCSI
3) Dr. Ng Ooi Chuan, UPM
4) Emeritus Professor Morsi Arab, EGYPT

Date/Time: October 6, 2016 (Thursday) 1400 - 1530

Section: Best Oral Presentation Award
1) Associate Professor Alexander Tan Tong Boon, UMMC (Head)
2) Dr. Miza Hiryanti Zakaria, HTAA
3) Professor Ronald Ching-Wan Ma, HONG KONG
4) TBA