SCIENTIFIC PROGRAMME
15th CPD: “Diabetes Asia 2016” Conference
October 6-9, 2016

DAY 1 - OCTOBER 6, 2016 (THURSDAY)

0700 – 0815  REGISTRATION

0815 – 0900  PLENARY 1
Chairman: Emeritus Professor Dato’ Mustaffa Embong, NADI
FUTURE OPPORTUNITIES FOR GLUCOSE-LOWERING THERAPIES: BARRIERS AND TARGETS
Speaker: Professor Philip Home, UNITED KINGDOM

0900 – 0945  PLENARY 2
Chairman: Professor Dato’ Anuar Zaini Md. Zain, MUM
ENDOCRINE DISRUPTION IN OBESITY AND DIABETES: WHAT SHOULD THE CLINICIAN KNOW
Speaker: Professor Luc Van Gaal, BELGIUM

0945 – 1015  COFFEE BREAK

1015 – 1215  Concurrent Main Symposium 1

MAIN SYMPOSIUM 1A
THEME: OPTIMISING CARE FOR PEOPLE WITH DIABETES
Chairman: Datuk Dr. Mohamed Badruhnizam Long Bidin, HKL
i) Community Support Programmes for People with Diabetes
   Dr. Rosnah Ramly, MOH
ii) Psychosocial Aspects of DM in Adult Population
    Dr. Amarpreet Kaur Amar Singh, UMMC
iii) Enhancing Adherence to Diabetes Management: Experience of Diabetes Educator
    Dr. Tan Ming Yeong, MDES
iv) Panel Discussion

MAIN SYMPOSIUM 1B
THEME: CURRENT CONTROVERSIES IN DIETARY MANAGEMENT OF DIABETES
Chairman: Ms. Shanaz F. H. Mawji, RSDHC
i) Restricting Carbs vs Calories - Should One Diet Favour the Other?
   Professor Winnie Chee Siew Swee, IMU
ii) Nutrition Advice: Food Pyramid or Plate-Portion?
    Ms. Lee Ching Li, IMU
iii) Low GI or Low GL Foods for People with Diabetes
    Associate Professor Barakatun Nisak Mohd Yusof, UPM
iv) Panel Discussion

MAIN SYMPOSIUM 1C
THEME: INSULIN IN T2DM
Chairman: Associate Professor Alexander Tan Tong Boon, UMMC
i) Insulin Therapy for Type 2: Which, for Whom
   Dr. G. R. Letchuman, HRPB
ii) Insulin Analogues: Is Newer Better?
    Associate Professor Sompongse Suwanwalaikorn, THAILAND
iii) The Biosimilar Insulin
    Dr. Tommy S. Ty Willing, PHILIPPINES
iv) **Sponsored by CCM Pharmaceuticals Sdn Bhd**  
**Biosimilar Glargine - Changing the Diabetes Landscape**  
Professor Abdul Hamid Zargar, **INDIA**

v) **Panel Discussion**

1215 – 1315  
**Concurrent Lunch Symposium 1**

**LUNCH SYMPOSIUM 1A**  
**Sponsored by Pfizer (Malaysia) Sdn Bhd**

Chairman: Dr. Zanariah Hussein, **HPJ**  
**PAINFUL DIABETIC NEUROPATHY: PAINFUL CONSEQUENCES OF DIABETES**  
Speaker: Professor Dato’ Mafauzy Mohamed, **HUSM**

**LUNCH SYMPOSIUM 1B**  
**Sponsored by Abbott Diabetes Care**

Chairman: Emeritus Professor Dato’ Mustaffa Embong, **NADI**  
**CROSS CONTAMINATION RISKS: CLINICAL IMPLICATIONS AND ITS PREVENTION**  
Speaker: Dr. Manoj Chawla, **INDIA**

1315 – 1400  
**LUNCH**

1400 - 1530  
**Concurrent Experts’ Case Discussions and Free Paper Presentations**

**EXPERTS’ CASE DISCUSSION 1**  
Chairman: Professor Dato’ Khalid Haji Yusoff, **UCSI**  
**INDIVIDUALISING THERAPY FOR T2DM**  
Presenter: Dr. G. R. Letchuman, **HRPB**  
Panel:  
1. Associate Professor Sompongse Suwanwalakorn, **THAILAND**  
2. Dr. Vijay Ananda Paramasvaran, **PHKL**  
3. Professor Christopher Nolan, **AUSTRALIA**

**EXPERTS’ CASE DISCUSSION 2**  
Chairman: Associate Professor Rohana Abdul Ghani, **UiTM**  
**AN OBESE PERSON WITH DIABETES**  
Presenter: Dr. Sri Wahyu Taher, **KSK**  
Panel:  
1. Professor Bilal Younis, **PAKISTAN**  
2. Dr. Ng Ooi Chuan, **UPM**  
3. Professor Luc Van Gaal, **BELGIUM**

**EXPERTS’ CASE DISCUSSION 3**  
Chairman: Datuk Dr. Mohamed Badruulnizam Long Bidin, **HKL**  
**A NON-COMPLIANT T2DM PATIENT**  
Presenter: Associate Professor Norlaila Mustafa, **UKMMC**  
Panel:  
1. Dr. Norhayati Yahaya, **HRPZII**  
2. Dr. Foo Siew Hui, **HS**  
3. Emeritus Professor Morsi Arab, **EGYPT**

**Free Paper Presentations**  
*(Details refer to ‘Abstracts Free Paper Presentation’)*

1530 – 1600  
**TEA BREAK**

1600 – 1645  
**PLENARY 3**

Chairman: Dr. G. R. Letchuman, **HRPB**  
**OMICS STUDIES IN DIABETES AND DIABETIC COMPLICATIONS - WHAT HAVE WE LEARNT FROM THEM?**  
Speaker: Professor Ronald Ching-Wan Ma, **HONG KONG**

1645 - 1730  
**Concurrent Meet the Professor 1**

**MEET THE PROFESSOR 1A**  
Chairman: Professor Dato’ Sivalingam Nalliah, **IMU**  
**MANAGING DIABETES DURING PREGNANCY**  
Resource Person: Professor Christopher Nolan, **AUSTRALIA**
260916

MEET THE PROFESSOR 1B
Chairman: Associate Professor Norlaila Mustafa, UKMMC

INSULIN THERAPY
Resource Person: Professor Philip Home, UNITED KINGDOM

** END OF DAY 1 **

DAY 2 - OCTOBER 7, 2016 (FRIDAY)

0715 – 0815 BREAKFAST SYMPOSIUM

Sponsored by Chulia Life Sciences Sdn Bhd

Chairman: to be confirmed

ULTRASOUND AND ENDOCRINOLOGY - SCANNING THE THYROID GLAND
Speaker: Dr. Steven Skurow, USA

0815 – 0900 PLENARY 4

Chairman: Professor Dato’ Mafauzy Mohamed, HUSM

CLINICAL RELEVANCE OF NAFLD/NASH IN PATIENTS WITH TYPE 2 DIABETES
Speaker: Professor Low-Tone Ho, TAIWAN

0900 – 0945 SPECIAL LECTURE 1

Sponsored by Cambridge Weight Plan

Chairman: Professor Winnie Chee Siew Swee, IMU

THE FORMULA FOR DIABETES PREVENTION: EFFECTIVE WEIGHT LOSS TO PREVENT PRE-DIABETES
Speaker: Professor Anthony R. Leeds, UNITED KINGDOM

0945 – 1015 COFFEE BREAK

1015 - 1215 Concurrent Main Symposium 2

MAIN SYMPOSIUM 2A

THEME: NOVEL APPROACHES IN MANAGING DIABETES
Chairman: Professor Norlela Sukor, UKMMC

i) DKA Evaluation and Treatment
   Dr. Tommy S. Ty Willing, PHILIPPINES

ii) PCSK9-Inhibitors: A Role in Diabetes?
    Professor Luc Van Gaal, BELGIUM

iii) Future Therapies for Type 1 Diabetes
    Professor Bilal Younis, PAKISTAN

iv) Panel Discussion

MAIN SYMPOSIUM 2B

Sponsored by Meda Healthcare Sdn Bhd

THEME: HEPATO-METABOLIC
Chairman: Associate Professor Alex Leow Hwong Ruey, UMMC

i) Non-Alcoholic Fatty Liver Disease (NAFLD): Are We Doing Enough?
   Associate Professor Chan Wah Kheong, UMMC

ii) Insulin Resistance: From the Perspective of the Liver
    Dr. Radhakrishna Sothiratnam, CAHS

iii) Panel Discussion

MAIN SYMPOSIUM 2C

Sponsored by sanofi-aventis (Malaysia) Sdn Bhd

THEME: EXPANDING THE HORIZONS OF DIABETES CARE
Chairman: Dr. Vijay Ananda Paramasvaran, PHKL

i) When It’s Time to Intensify: What Are the Options?
   Dr. Lim Siang Chin, MMC

ii) The Evolution of Basal Insulin: New Insights
    Professor Chan Siew Pheng, SJMC
iii) Panel Discussion

1215 – 1315 LUNCH SYMPOSIUM 2
Sponsored by Pfizer (Malaysia) Sdn Bhd

Chairman: Emeritus Professor Dato’ Mustaffa Embong, NADI

DIABETES AND IT’S CV COMPLICATIONS THROUGH THE LOOKING-GLASS OF A NEPHROLOGIST
Speaker: Dr. Chow Yok Wai, PHAK

1315 – 1400 LUNCH

1400 – 1530 Concurrent Main Symposium 3

MAIN SYMPOSIUM 3A
THEME: DIABETES AND PREGNANCY
Chairman: Dr. Nurain Mohd Noor, HPJ

i) Gestational Diabetes: Controversies in Diagnosis and Management
Professor Dato’ Sivalingam Nalliah, IMU

ii) Baby of A Mother with Diabetes: From Conception to Adulthood
Professor Christoper Nolan, AUSTRALIA

iii) Antenatal Lifestyle Intervention and Pregnancy Outcome
Professor Ronald Ching-Wan Ma, HONG KONG

iv) Panel Discussion

MAIN SYMPOSIUM 3B
Sponsored by Eli Lilly (Malaysia) Sdn Bhd
THEME: PRECISION DIABETES CARE – PERSONALISATION AND GLYCAEMIC OUTCOMES IN FOCUS
Chairman: Emeritus Professor Dato’ Mustaffa Embong, NADI

i) Realities In Insulin Initiation - What Can We Do Better?
Professor Luc Van Gaal, BELGIUM

ii) Challenges at Insulin Intensification and The Rationale for High-mix Insulins
Datuk Dr. Mohamed Badruinizam Long Bidin, HKL

iii) Panel Discussion - Clinical Vignettes and Precision Management

MAIN SYMPOSIUM 3C
THEME: COMPLEMENTARY/ALTERNATIVE MEDICINE FOR DIABETES
Chairman: Dr. G. R. Letchuman, HRPB

i) The Use of Artificial Sweeteners in DM
Ms. Shanaz F. H. Mawji, RSDHC

ii) Vitamins and Minerals: What Works?
Associate Professor Barakatun Nisak Mohd Yusof, UPM

iii) Ayurvedic Medicine for Diabetes
Dr. C D Siby, Ayur Centre

iv) Panel Discussion

1530 – 1600 TEA BREAK

1600 – 1645 PLENARY 5

Chairman: Professor Dato’ Anuar Zaini Md. Zain, MUM

DIABETES IN THE YOUNG IN INDIA - NOVEL ASPECTS IN THE PATHOGENESIS
Speaker: Professor Nihal Thomas, INDIA

1645 - 1730 Concurrent Meet the Professor 2

MEET THE PROFESSOR 2A
Chairman: Dr. Vijay Ananda Paramasvaran, PHKL
ORAL MEDICATIONS
Resource Person: Dr. Chionh Siok Bee, SINGAPORE

MEET THE PROFESSOR 2B
Chairman: Associate Professor Rohana Abdul Ghani, UiTM

IMPROVING PATIENTS’ COMPLIANCE
Resource Person: Emeritus Professor Morsi Arab, EGYPT

1800 - 1900
DINNER SYMPOSIUM
Sponsored by Eli Lilly (Malaysia) Sdn Bhd
Chairman: Datuk Dr. Mohamed Badrulnizam Long Bidin, HKL

i) Sexual Issues Among Diabetics
   Datuk Dr. Mohamed Badrulnizam Long Bidin, HKL

ii) Making Sex Sweet Again
   Professor Christopher Ho Chee Kong, UKMMC

** END OF DAY 2 **

DAY - OCTOBER 8, 2016 (SATURDAY)

0730 – 0815   REGISTRATION

0815 – 0900   PLENARY 6
Chairman: Datuk Dr. Mohamed Badrulnizam Long Bidin, HKL

INSULIN RESISTANCE AGAINST METABOLIC STRESS: IMPLICATIONS FOR MANAGEMENT OF OBESITY - ASSOCIATED T2D
Speaker: Professor Christopher Nolan, AUSTRALIA

0900 – 0945   SPECIAL LECTURE 2
Sponsored by Abbott Malaysia
Chairman: Professor Dato’ Mafauzy Mohamed, HUSM

STRUCTURED LIFESTYLE INTERVENTION AMONG TYPE 2 DIABETES MELLITUS PATIENTS IN PRIMARY HEALTHCARE SETTING
Speaker: Professor Winnie Chee Siew Swee, IMU

0945 – 1015   COFFEE BREAK

1015 – 1215   Concurrent Main Symposium 4

MAIN SYMPOSIUM 4A
THEME: DIABETES IN THE ELDERLY
Chairman: Professor Dato’ Anuar Zaini Md. Zain, MUM

i) Challenges in Glycaemic Control
   Professor Vishnupriya Rao Paturi, INDIA

ii) Hypertension: Choice of Drugs and Targets
   Professor Abdul Rashid Abdul Rahman, ANSH

iii) Treating Hypercholesterolaemia in the Elderly
    Professor Bilal Younis, PAKISTAN

iv) Kidney Protection: Hypertension and Proteinuria
    Dr. Loo Chee Yean, SKSMC

v) Panel Discussion

MAIN SYMPOSIUM 4B
Sponsored by AstraZeneca Sdn Bhd

THEME: FILLING UP T2DM TREATMENT GAP WITH SGLT-2i AND GLP-1RA
Chairman: Associate Professor Norlaila Mustafa, UKMMC

i) Newly Diagnosed Type 2 Diabetes with HbA1c ≥ 7.5% : How? Why?
   Associate Professor Rohana Abdul Ghani, UiTM

ii) Forxiga - What Have We Learnt from the Real World Evidence in Malaysia?
    Dr. Zanariah Hussein, HPJ
i) Managing T2DM with Once Weekly GLP-1 RA
   Dr. Wong Ming, SMC

iv) Panel Discussion

MAIN SYMPOSIUM 4C
Sponsored by Merck Sharp & Dohme (Malaysia) Sdn Bhd
Chairman: Professor Norlela Sukor, UKMMC

i) DPP-4 Inhibitors and Metformin: The Endocrine Basis and Application for Their Use in Combination
   Dr. Foo Siew Hui, HS

ii) A Paradigm Shift for Patients and Physicians: What Is the Role of Combination Therapy for Dyslipidaemia Patients with Diabetes?
   Dr. Rahal Yusoff, HSB

iii) Panel Discussion

1215 – 1315 LUNCH SYMPOSIUM 3
Sponsored by Servier Malaysia Sdn Bhd
Chairman: Dr. G. R. Letchuman, HRPB

ROLE OF GLICLAZIDE MR TODAY: AN EFFICACY YOU CAN TRUST
Speaker: Professor Jean Claude Mbanya, CAMEROON

1315 – 1400 LUNCH

1400 – 1530 Concurrent Main Symposium 5

MAIN SYMPOSIUM 5A
THEME: DIABETES IN CHILDREN
Chairman: Associate Professor Rahmah Rasat, UKMMC

i) Diabetes in Adolescents and Children - What Is the Differential Diagnosis?
   Dr. Lim Poi Giok, HKL

ii) Diabetes in Children: Challenges in Management
    Professor Wu Loo Ling, UKMMC

iii) Should Dyslipidaemia in Children Be Treated?
    Associate Professor Muhammad Yazid Jalaludin, UMMC

iv) Panel Discussion

MAIN SYMPOSIUM 5B
Sponsored by Boehringer Ingelheim (Malaysia) Sdn Bhd

THEME: SODIUM GLUCOSE COTRANSPORTER 2 INHIBITORS (SGLT2-i) IN THE TREATMENT OF DIABETES MELLITUS
Chairman: Associate Professor Rohana Abdul Ghani, Uitm

i) The Role of SGLT2 inhibitor for Glycaemic Control
   Associate Professor Alexander Tan Tong Boon, UMMC

ii) Learnings from EMPA-REG OUTCOME Beyond Standard of Care
   - Can We Really Improve CV Outcomes in T2D Patients in Your Clinic?
     Associate Professor Alexander Tan Tong Boon, UMMC
   - Slowing Down Renal Progression - Is It Possible?
     Associate Professor Lim Soo Kun, UMMC

iii) Panel Discussion

MAIN SYMPOSIUM 5C
THEME: DIABETES AND OBESITY
Chairman: Professor Dato’ Ikram Shah Ismail, UMMC
i) **Anti-Obesity Drugs**  
Dr. Tommy S. Ty Willing, PHILIPPINES

ii) **Obesity and Diabetes: An Unholy Association**  
Dr. Nor Azizah Aziz, PGH

iii) **Obesity and T2DM in Children**  
Associate Professor Sompongse Suwanwalaikorn, THAILAND

iv) **Panel Discussion**

1530 – 1600 **TEA BREAK**

1600 – 1645 **PLENARY 7**

Chairman: Dr. Zanariah Hussein, HPJ  
**PATIENT-CENTRIC APPROACH TO T2-DIABETES MANAGEMENT**  
Speaker: Emeritus Professor Morsi Arab, EGYPT

1645 - 1730 **Concurrent Meet the Professor 3**

**MEET THE PROFESSOR 3A**

Chairman: Professor Wu Loo Ling, UKMMC  
**CHALLENGES IN MANAGING T1DM PATIENTS**  
Resource Person: Professor Bilal Younis, PAKISTAN

**MEET THE PROFESSOR 3B**

Chairman: Professor Dato’ Mafauzy Mohamed, HUSM  
**REDUCING CV COMPLICATIONS**  
Resource Person: Professor Ronan Roussel, FRANCE

**END OF DAY 3**

**DAY 4 - OCTOBER 9, 2016 (SUNDAY)**

0815 – 0900 **PLENARY 8**

Chairman: Professor Dato’ Ikram Shah Ismail, UMMC  
**MOBILE AND INTERNET-BASED APPS FOR DIABETES CARE**  
Speaker: Professor Bilal Younis, PAKISTAN

0900 – 0945 **PLENARY 9**

Chairman: Professor Dato’ Anuar Zaini Md. Zain, MUM  
**DIABETES AND CANCERS: MINIMISING THE RISK**  
Speaker: Professor Ronan Roussel, FRANCE

0945 – 1015 **COFFEE BREAK**

1015 - 1215 **Concurrent Main Symposium 6**

**MAIN SYMPOSIUM 6A**  
**THEME: DIABETES AND CARDIOVASCULAR RISK**  
Chairman: Professor Dato’ Ikram Shah Ismail, UMMC

i) **Antiglycaemic Therapy and (Risk of) Heart Failure**  
Associate Professor Norlaila Mustafa, UKMMC

ii) **Cardiovascular Outcome Studies with New OHAs**  
Dr. Malik Mumtaz, IH

iii) **Beyond Glycaemia: Strategies to (Further) Reduce CV Risks in People with T2DM**  
Professor Norlela Sukor, UKMMC

iv) **Panel Discussion**

**MAIN SYMPOSIUM 6B**  
**THEME: SGLT2 INHIBITION**  
Chairman: Emeritus Professor Dato’ Mustaffa Embong, NADI
Non Glycaemic Effects of SGLT2i: Clinical Implications
Professor Dato’ Mafauzy Mohamed, HUSM

Side-Effect and Safety Issues of SGLT2 Inhibitors: What Clinicians Should Know
Dr. Foo Siew Hui, HS

Empa-Reg Outcome: A Game Changer in Diabetes Management
Professor Ronan Roussel, FRANCE

Panel Discussion

1215 – 1315  FREE PAPER PRESENTATIONS AWARDING CEREMONY
- BEST ORAL PRESENTATION AWARD
- BEST POSTER PRESENTATION AWARD
- PROF MUSTAFFA YOUNG INVESTIGATORS’ AWARD

1315 – 1400  LUNCH & CLOSE

JUDGING PANELS

Chief: Professor Dato’ Anuar Zaini Md. Zain, MUM

Date/Time:  October 6, 2016 (Thursday) 1400 - 1530

Section: Prof Mustaffa Young Investigators’ Award
1) Professor Dato’ Mafauzy Mohamed, HUSM (Head)
2) Professor Dato’ Ikram Shah Ismail, UMMC
3) Professor Norlela Sukor, UKMMC
4) Professor Philip Home, UNITED KINGDOM

Date/Time:  October 6 & 7, 2016 (Thursday & Friday) 1530 - 1600

Section: Best Poster Presentation Award
1) Professor Abdul Rashid Abdul Rahman, ANSH (Head)
2) Professor Dato’ Khalid Haji Yusoff, UCSI
3) Dr. Ng Ooi Chuan, UPM
4) Emeritus Professor Morsi Arab, EGYPT

Date/Time:  October 6, 2016 (Thursday) 1400 - 1530

Section: Best Oral Presentation Award
1) Associate Professor Alexander Tan Tong Boon, UMMC (Head)
2) Dr. Miza Hiryanti Zakaria, HTAA
3) Professor Ronald Ching-Wan Ma, HONG KONG
4) Dr. Zanariah Hussein, HPJ